



GEORGETOWN UNIVERSITY

**INSTITUTE FOR  
TRANSFORMATIONAL  
LEADERSHIP** at the  
School of Continuing Studies

## Health and Wellness Coaching Certificate Program

### *Spring 2022 Cohort Schedule*

Courses	Spring 2022 Cohort Dates
<b>1. Health &amp; Wellness Coaching Fundamentals: Psychology of Behavior Change</b> <i>(In-person Course)</i>	March 16-18, 2022 <sup>^</sup>
<b>2. Health &amp; Wellness Coaching Skills I</b> <i>(Synchronous Virtual Course)</i>	April 7-8, 2022
<b>3. Health &amp; Wellness Coaching Skills II</b> <i>(Synchronous Virtual Course)</i>	May 12-13, 2022
<b>4. Health &amp; Wellness Advanced Frameworks</b> <i>(Synchronous Virtual Course)</i>	June 16-17, 2022
<b>5. Health &amp; Wellness Integration</b> <i>(Synchronous Virtual Course)</i>	July 21-22, 2022
<b>6. Your Health &amp; Wellness Coaching Practice</b> <i>(In-person Course)</i>	August 17-19, 2022 <sup>^</sup>
<b>7. Health and Wellness Focus Topics</b>	March 18 – August 17, 2022 <sup>*</sup>
<b>8. Health &amp; Wellness Coaching Practicum</b>	March 18 – September 30, 2022 <sup>**</sup>

<sup>^</sup>Hybrid course delivered onsite at SCS Campus in Downtown, Washington, DC

<sup>\*</sup>online webinar instruction

<sup>\*\*</sup>training occurs within the first 6 class meetings