



GEORGETOWN UNIVERSITY

**INSTITUTE FOR
TRANSFORMATIONAL
LEADERSHIP** at the
School of Continuing Studies

Health and Wellness Coaching Certificate Program

Spring 2021 Cohort Schedule

Courses	Spring 2021 Cohort Dates
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change	March 10 – 12, 2021
2. Health & Wellness Coaching Skills I	April 8 – 9, 2021
3. Health & Wellness Coaching Skills II	May 6 – 7, 2021
4. Health & Wellness Skills Integration	June 10 – 11, 2021
5. Health & Wellness Subject Matter Knowledge Integration	July 15 – 16, 2021
6. Your Health & Wellness Coaching Practice	August 11 – 13, 2021
7. Health and Wellness Focus Topics	March 10 – August 11, 2021*
8. Health & Wellness Coaching Practicum	March 10 – September 24, 2021**
APPLICATION DEADLINE	December 1, 2020

*online instruction

**training occurs within the first 6 class meetings