



GEORGETOWN UNIVERSITY

INSTITUTE FOR
TRANSFORMATIONAL
LEADERSHIP at the
School of Continuing Studies

Health and Wellness Coaching Certificate Program

FALL 2021 Cohort Schedule

Courses	Fall 2021 Cohort Dates
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change	August 18-20, 2021
2. Health & Wellness Coaching Skills I	September 16-17, 2021
3. Health & Wellness Coaching Skills II	October 14-15, 2021
4. Health & Wellness Advanced Frameworks	November 18-19, 2021
5. Health & Wellness Integration	January 13-14, 2022
6. Your Health & Wellness Coaching Practice	February 16-18, 2022
7. Health and Wellness Focus Topics	Aug 20, 2021 – Feb 16, 2022*
8. Health & Wellness Coaching Practicum	Aug 18, 2021 – Mar 31, 2022**

*online webinar instruction

**training occurs within the first 6 class meetings