



GEORGETOWN UNIVERSITY

INSTITUTE FOR
TRANSFORMATIONAL
LEADERSHIP at the
School of Continuing Studies

Health and Wellness Coaching Certificate Program

FALL 2020 Cohort Schedule

Courses	Fall 2020 Cohort Dates
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change	August 19-21, 2020
2. Health & Wellness Coaching Skills I	September 17-18, 2020
3. Health & Wellness Coaching Skills II	October 15-16, 2020
4. Health & Wellness Skills Integration	November 19-20, 2020
5. Health & Wellness Subject Matter Knowledge Integration	January 14-15, 2021
6. Your Health & Wellness Coaching Practice	February 17-19, 2021
7. Health and Wellness Focus Topics	Aug 21, 2020 – Feb 17, 2021*
8. Health & Wellness Coaching Practicum	Aug 21, 2020 – Mar 31, 2021**

*online instruction

**training occurs within the first 6 class meetings