



Health and Wellness Coaching Certificate Program 2022 Program Schedule

| Courses | Spring 2022 Cohort Dates | Fall 2022 Cohort Dates |
|-------------------------------------------------------------------------------------------------------------------|---------------------------------|-----------------------------------------|
| 1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change <i>(In-person Course)</i> | March 16-18, 2022 [^] | September 14 - 16, 2022 [^] |
| 2. Health & Wellness Coaching Skills I <i>(Synchronous Virtual Course)</i> | April 7-8, 2022 | October 13 - 14, 2022 |
| 3. Health & Wellness Coaching Skills II <i>(Synchronous Virtual Course)</i> | May 12-13, 2022 | November 10 - 11, 2022 |
| 4. Health & Wellness Advanced Frameworks <i>(Synchronous Virtual Course)</i> | June 16-17, 2022 | December 8 - 9, 2022 |
| 5. Health & Wellness Integration <i>(Synchronous Virtual Course)</i> | July 21-22, 2022 | January 12 - 13, 2023 |
| 6. Your Health & Wellness Coaching Practice <i>(In-person Course)</i> | August 17-19, 2022 [^] | February 15 - 17, 2023 [^] |
| 7. Health and Wellness Focus Topics | March 18 – August 17, 2022* | September 16, 2022 – February 15, 2023* |
| 8. Health & Wellness Coaching Practicum | March 18 – September 30, 2022** | September 16, 2022 – March 31, 2023** |

[^]Hybrid course delivered onsite at SCS Campus in Downtown, Washington, DC

*online webinar instruction

**training occurs within the first 6 class meetings