



Health and Wellness Coaching Certificate Program *Spring 2023 Program Schedule*

Courses	Spring 2023 Cohort Dates
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change <i>(In-person Course)</i>	March 8-10, 2023 [^]
2. Health & Wellness Coaching Skills I <i>(Synchronous Virtual Course)</i>	March 30-31, 2023
3. Health & Wellness Coaching Skills II <i>(Synchronous Virtual Course)</i>	May 4-5, 2023
4. Health & Wellness Advanced Frameworks <i>(Synchronous Virtual Course)</i>	June 8-9, 2023
5. Health & Wellness Integration <i>(Synchronous Virtual Course)</i>	July 13-14, 2023
6. Your Health & Wellness Coaching Practice <i>(In-person Course)</i>	August 16-18, 2023 [^]
7. Health and Wellness Focus Topics	March 10 – August 16, 2023 [*]
8. Health & Wellness Coaching Practicum	March 10 – September 15, 2023 ^{**}

[^]Hybrid course delivered onsite at SCS Campus in Downtown, Washington, DC

^{*}online webinar instruction

^{**}training occurs within the first 6 class meetings