



Health and Wellness Coaching Certificate Program

2023 Program Schedule

Full attendance for each class session is mandatory to successfully complete this Certificate Program.

Courses	Spring 2023 Cohort Dates (Modality - Live-Online)	Fall 2023 Cohort Dates (Modality - Hybrid)
1. Health & Wellness Coaching Fundamentals: Psychology of Behavior Change	March 8-10, 2023	September 20-22, 2023 [^]
2. Health & Wellness Coaching Skills I	March 30-31, 2023	October 19-20, 2023
3. Health & Wellness Coaching Skills II	May 4-5, 2023	November 16-17, 2023
4. Health & Wellness Advanced Frameworks	June 8-9, 2023	December 14-15, 2023
5. Health & Wellness Integration	July 13-14, 2023	January 18-19, 2024
6. Your Health & Wellness Coaching Practice	August 16-18, 2023	February 21-23, 2024 [^]
7. Health and Wellness Focus Topics	March 10 – August 16, 2023*	September 22, 2023 – February 21, 2024*
8. Health & Wellness Coaching Practicum	March 10 – September 15, 2023**	September 22, 2023 – March 29, 2024**

[^] Hybrid courses are delivered onsite at SCS Campus in Downtown, Washington, DC

*Online webinar instruction

**Training occurs within the first 6 class meetings