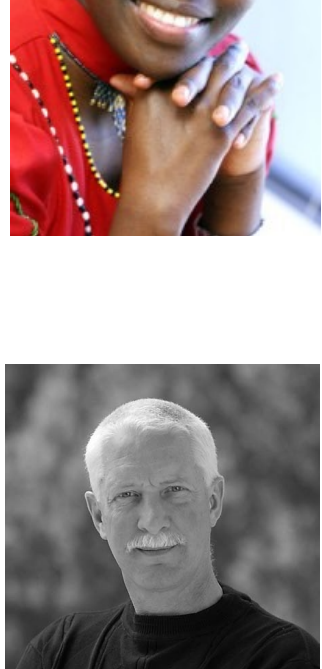


GEORGETOWN COACHES CONFERENCE
2016 KEYNOTE SPEAKERS

Dr. Kakenya Ntaiya
"I had a dream where all the girls in my village could go to school."

Dr. Kakenya Ntaiya's life story is one of a true change agent. Since her youth, Dr. Ntaiya has been coaching her family and community to make unprecedented shifts: creating a paradigm shift in what it means to see, to hear, to be and to interact with Kenyan women. Setting new precedents with pressing social issues such as female circumcision, gender inequality in education and the wedding of young girls, Dr. Ntaiya has transformed the lives of today's Kenyan woman.

We encourage you to read more about Dr. Ntaiya's moving and inspiring story at - [Kakenya's Dream](#).



Mr. Bob Anderson
"We now recognize that leadership is a process of transformation whereby a leader is encouraged to make a profound shift-to gain a deeper understanding of themselves, the world, and their relationship to others."

As a thought leader in leadership development and leadership coaching, Mr. Bob Anderson has dedicated nearly 30 years to "Coaching the Shift." His intensive leadership workshops, tools and instruments, such as the Leadership Circle Profile, have been instrumental in advancing the field of leadership development and leadership coaching. Mr. Anderson's work is based on the philosophy that, "Leadership is a process of transformation whereby a leader is encouraged to make a profound shift-to gain a deeper understanding of themselves, the world, and their relationship to others" (LeadershipCircle.com). Mr. Anderson continues to shape the field of leadership development and coaching with his breakthrough programs including Authentic Leader workshop, "Pathways to Partnership," and "Mastering Leadership."

We welcome you to read more about Mr. Anderson's impact on leadership transformation at - [Leadership Circle](#).

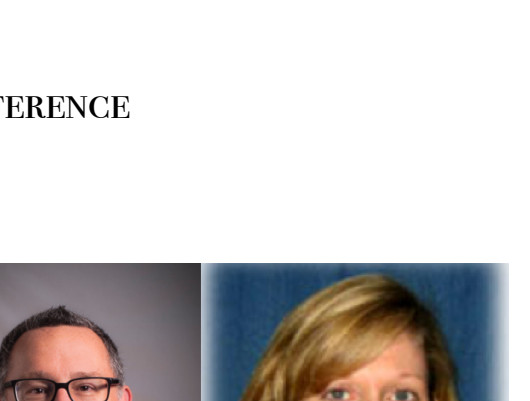


AFTER DINNER STORY HOUR WITH
JEAN-PIERRE WEILL
THURSDAY, MARCH 10, 2016

An "after dinner story hour" is planned featuring artist Jean-Pierre Weill. While you are enjoying your dessert and coffee with your fellow coaches, Jean-Pierre will do a reading of his new book and tell his own story of transformation that occurred over the three years he spent writing and illustrating "The Well of Being". During Jean-Pierre reading, the beautiful watercolor paintings that illustrate the book will be synchronized with his reading on the large screens behind him. It will be a magical experience for all of us.

"The Well of Being" is an illustrated inquiry into the pursuit of happiness, and what it means to be fully alive in our daily moments. It has been called a "children's book for adults" - it is a wonderful combination of words and beautiful watercolor illustrations.

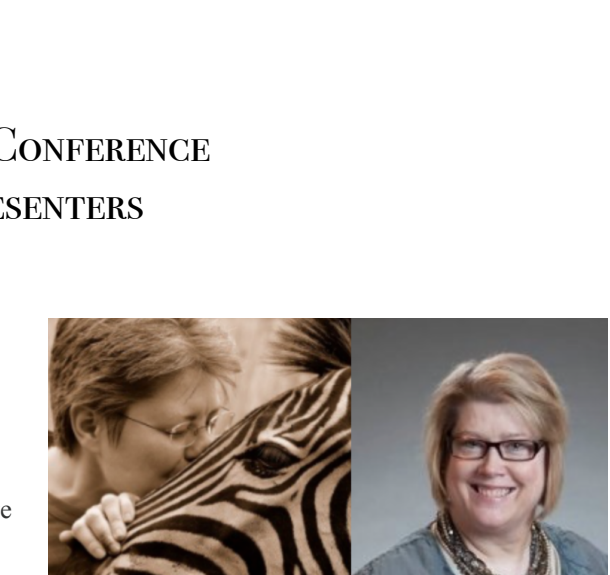
Learn more about Jean Pierre's through his amazing You Tube introduction to his book [here!](#)



GEORGETOWN COACHES CONFERENCE
PLENARY SESSION

Transformational Leadership: Leaders Transform
Presented by Randy Chittum & Sheryl D. Phillips

During this brief keynote, the Directors of the Executive Certificate in Transformational Leadership will explore what we actually mean when we use the words transformation and leadership together; and how their thinking continues to evolve on this topic. We will endeavor to move beyond simply the "proper noun" that we often imagine Transformational Leadership to be. They will discuss what transformation means in its "active verb" state. What is the *action* of leaders transforming themselves, others, and their organizations? What are we doing as learning professionals to help them get here. They will consider the possibility that it is both big and small in nature and serves something bigger in the scheme of human development. They will challenge us to reconsider what it means as a coach and where you may be able to play bolder in creating transformation with the leaders you serve.



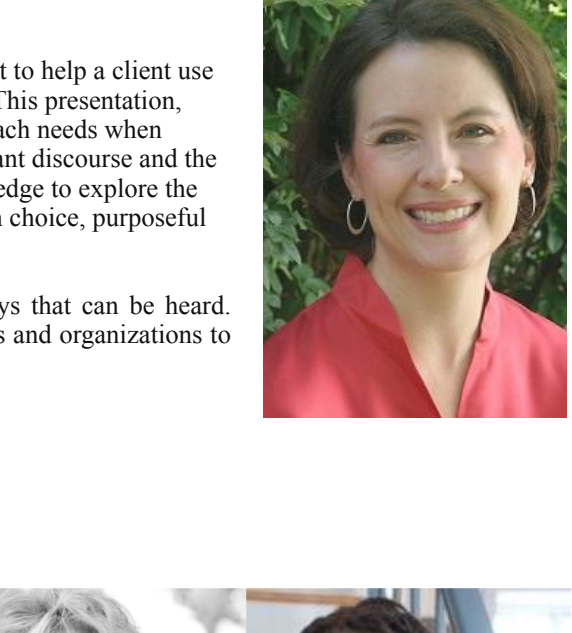
GEORGETOWN COACHES CONFERENCE
2016 WORKSHOP PRESENTERS

Awakening Through Transformation
Presented by Marijo Puleo and Pamela Potts
Path: Being

More and more, people are not only becoming more mindful, they are showing indications of spiritual awakening. As coaches, it is important to not only recognize these subtle indicators in our clients but also in our own selves, and have the courage to step into the next wave of evolution where we encourage these new skills and abilities.

In this session, we will discuss key indicators that suggest clients are opening to a deeper awakening of their own self, explore the science of consciousness and how it holds the key to true transformation. We will teach and use Hakomi skills designed to help our clients access this core material critical in transformation; and tie these concepts into the anchors suggested in the Adult Development progression.

Experiential exercises will be used throughout to help the coaches learn, understand and anchor these concepts for their own practice.



Coaching the Silenced Leader
Presented by Carrie Arnold
Path: Saying

Are you working with clients who have lost their leadership voice? It is often difficult to help a client use intentional speech acts if they do not first understand what habitually silences them. This presentation, using video clips, provocative images, and story creates new distinctions that each coach needs when working with a silenced leader. Scholarly theory guides current knowledge of dominant discourse and the types of things that silence. Executive coaches have an opportunity to use this knowledge to explore the impact of habitual silencing with their leader clients to create awareness that results in choice, purposeful language, and voice efficacy.

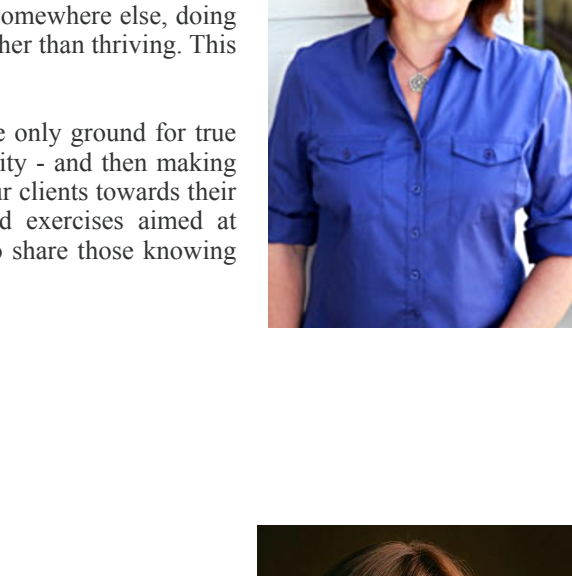
Leaders do not need to speak longer or louder. Instead, they need to speak in ways that can be heard. When they do this - they have the opportunity to shift discourse in their communities and organizations to create positive change.



"Deep Speaks To Deep": Exploring the Practice of Clearness Committees
Presented by Kirsten Olson and Valerie Brown
Path: Being

Everyday we hear into the stories and experiences that shape our clients' worlds. What sharpens our capacity to be present to them? To leave behind the ego-of-self, and our own beloved "habits"? In this experiential session, participants explore the practice of Clearness Committees, developed by the Quakers centuries ago and honed and focused by modern practitioners. Clearness Committees allow a small group of people to "hold the soul of another" and be present to their inner wisdom-their inner teachers. For coaches, the pacing, sense of not-knowing, and reverence for the wisdom of the focus person can be transforming and eye-opening. We will conduct short Clearness Committees in this session.

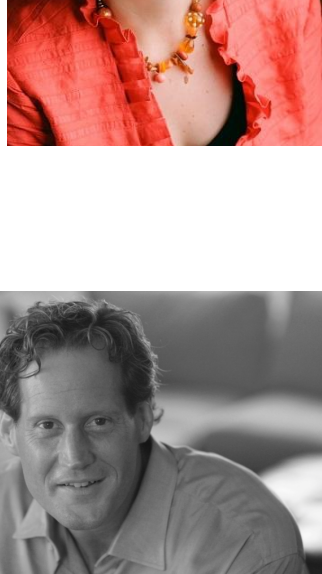
We are Georgetown-trained leadership coaches, and Clearness Committee practitioners who have personally trained with Parker Palmer, founder of the Center for Courage and Renewal. We wish to bring this practice to the Georgetown community. This is a taste!



Fantasy and Reality: Embracing Reality as Core to Transformation
Presented by Chris Wahl
Paths: Being and Doing

There are many ways to inhabit our days. Sometimes our desires and longing to be somewhere else, doing something else, being someone else, can take us down a path that fosters churning rather than thriving. This lures us away from our purpose, and is ultimately self defeating.

In this workshop, we will look at reality and meeting-ourselves-where-we-are as the only ground for true transformation. The session will be an exploration of ideas related to accepting reality - and then making meaning of what matters to you. Helping yourself first grounds you to work with your clients towards their meaningful purpose and transformation. The format includes conversations and exercises aimed at compassionately touching your deeper self, since our deeper self is always ready to share those knowing sparks that can lead to transformation.



Positive Psychology Coaching: Why Character Strengths Matter
Presented by Shannon Polly
Path: Doing

If you pick up a newspaper or turn on the news today, you'll run into an article about what 'science' says about 'how to be happier'. While our clients may search for ways to achieve 'work-life balance' or be more effective in their work, what does the science really say about how we can be happier and more productive? And how as coaches do we engender that transformation?

In this session, we will look at the PERMAH well-being model (adapted from Dr. Martin Seligman's work) and specifically how a client can leverage their own character strengths toward greater well-being and work performance. This work particularly appeals to clients who are Experts or Achievers and those who want evidenced-based exercises.

Participants will experientially work with the new book, Character Strengths Matter: How to Live a Full Life and will walk away with a handout that delineates tools that they can use in their coaching practice.



Sustainable Transformation Through Continuity: A Polarity Approach for Immunity to Change
Presented by Cliff Kayser
Paths: Being, Doing & Seeing

Why do transformational shifts so often fail to stick? This session brings focus to seeing the way Continuity and Transformation can work together to create the bridge to sustainable transformation. In a highly experiential simulation of risk and safety, participants apply a 5-Step process using a Polarity Map (TM) to show where, when, and how immunity to change interrupts transformation. A deeper somatic appreciation for the dynamic happens as participants walk the continuity and formation infinity loop.

POLARITY PARTNERSHIPS
Continuity and Transformation for Organizations, Teams, and Individuals
-Supplement Thinking
-Move to Preferred Futures Faster/More Sustainably
-Enhance Quality of Life on the Planet

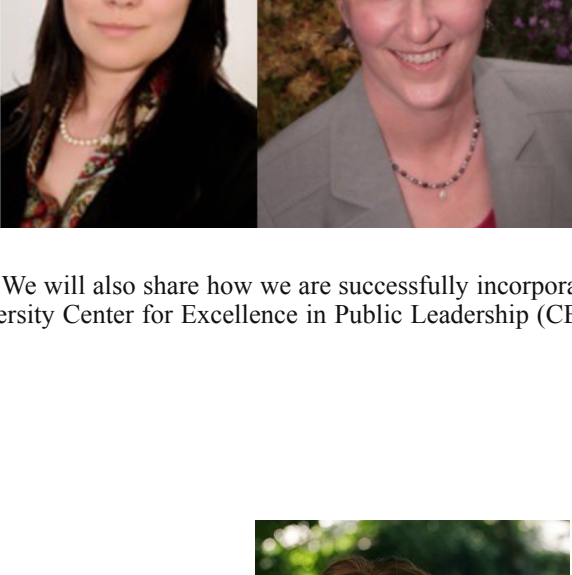


Taking the Leap: Transforming Your Life to Launch your Business
Presented by Bethany Dufour and Sharon Lipovsky
Path: Doing

The path to client transformation begins with personal transformation. The transformation from Coach to Brand to Business is one of the most daunting and significant personal shifts we work through on the path to presenting our offer to the world. This session is designed to steward you on this path.

This interactive workshop is targeted for (though not limited to) more recent Georgetown alumni who are feeling the tug to make an entrepreneurial leap. Your prospective path forward may include quitting a job, launching a business, reworking an existing role, or simply taking a break.

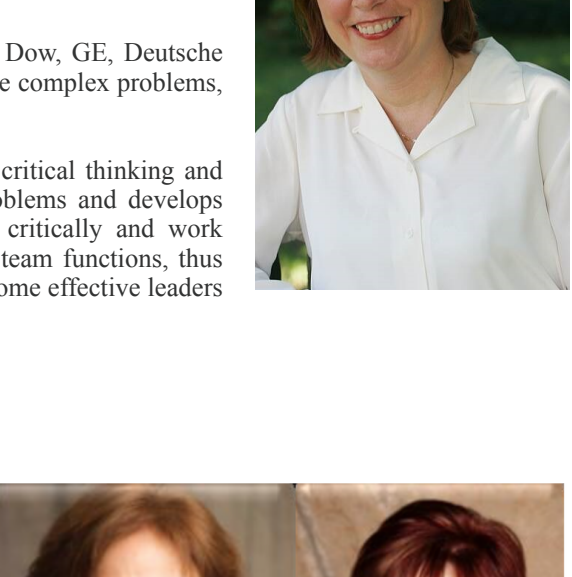
Led by two individuals who launched businesses post-Georgetown, the session will focus on three key components to living in this shift: 1) Getting clear on what you want; 2) Building and replenishing the energy needed to sustain your business; and 3) Developing an action plan to bring your vision to life.



The Hero's New Journey
Presented by Kate Ebner and Neil Stroul
Path: Being

Leaders must be time-travelers, guiding organizations towards the future while navigating present-day challenges and respecting the history and culture of the organization. How can coaches help leaders build developmental bridges to the future they want? How does a leader's time orientation impact his ability to generate action, momentum and results?

ITL faculty members, Neil Stroul and Kate Ebner, guide us through crucial distinctions about the journey of becoming a leader, illuminating how skillful inquiry and an understanding of the shift from seeker to pilgrim can transform a leader's potential.

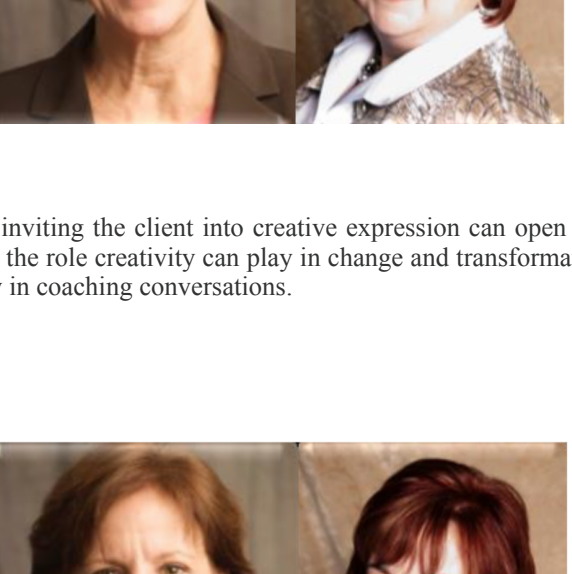


Theory U Peer Learning and Coaching and Coaching/Case Clinic
Presented by Ina Gjokondi and Luann Barnadt
Path: Doing

"The Case Clinic" process promotes access to peer wisdom and experience to help a peer generate new ways of looking at and responding to a leadership challenge in a more innovative way.

Based on action learning and Otto Scharmer's Theory U, the Case Clinic process simultaneously enhances participant mindfulness, presence, and listening practices to develop leadership skills, while building trust and positive energy among peers working together on a challenge presented by a member of the team.

This workshop provides the opportunity to observe and participate in a Case Clinic with purposeful pauses to reflect and make sense of the process as it unfolds. We will also share how we are successfully incorporating Case Clinics as Peer Learning/Coaching Circles in several George Washington University Center for Excellence in Public Leadership (CEPL) Leader Development programs."

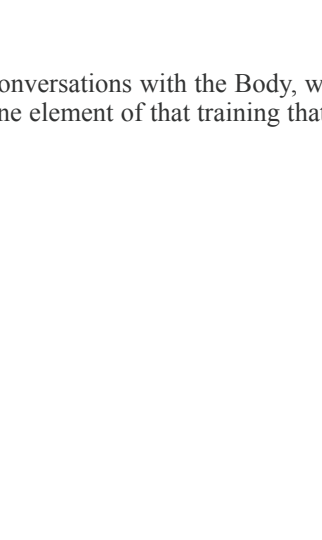


Transformative Power of Action Learning
Presented by Bea Carson
Path: Doing

Action Learning has emerged as a method of choice for global companies, government agencies, and non profit groups that want to improve quality, cut costs, create new products and services, and change the cultures of their organizations.

From Boston to Brazil, from Finland to Tokyo, companies as diverse as Samsung, Dow, GE, Deutsche Bank, Boeing, Sodexo, Novartis, Nokia and many others use Action Learning to solve complex problems, develop leaders, build teams and expand corporate capability.

Action Learning positions inquiry at the core of organizational behavior, develops critical thinking and creates mutual respect among employees at all levels. Action Learning solves problems and develops leaders simultaneously thanks its simple rules which force participants to think critically and work collaboratively. The Action Learning coach is the catalyst that transforms how the team functions, thus positioning them to achieve breakthrough solutions. Action Learning participants become effective leaders as they solve difficult problems.



Transformation Through Creativity
Presented by Roselyn Kay and Deb St. John
Path: Seeing

There's a creative spark in each of us. Oftentimes, everyday pressures, complexity and stress hide this spark of inspiration from our client's view. This session is about accessing creativity itself as a possibility engine to expand the client's way of seeing.

Creativity as the ability to bring something new into existence - ideas and other manifestations produced from our talents and imagination. In that way, we all possess the creative gene, it's not reserved for artists and inventors. No artistic skills are required - stick figures are encouraged and welcome.

Through a series of exploring and demonstrations, participants will experience how inviting the client into creative expression can open new ways of seeing and exercising what our clients bring into coaching conversations, and the role creativity can play in change and transformation. Coaches will experience a different way to observe and work with creativity and story in coaching conversations.

Working with the Body as a Resource for Transformation
Presented by Roselyn Kay and Deb St. John
Path: Doing

The body knows. The body does not lie. As we go about busy days and life's challenges we can miss the information offered by the body and lose sight of this powerful resource for transformation.

Our choices are enhanced when we listen to the body or fail to trust what it offers. This session is an active practice in a proven somatic approach that can help tap the client's own sense of knowing, discovery and leads to increased energy for action. Coaches interested in enhancing skill working with the body will find something of interest and value to add to their coaching toolbox.

Roz and Deb have designed and delivered a series of workshops over the last three years called Coaching Conversations with the Body, which has shown to be powerful and immediately useful to coaches.

