# GEORGETOWN UNIVERSITY School of Continuing Studies

# Leadership Coaching

**FALL 2014** 

# **Certificate in Leadership Coaching**

This International Coach Federation (ICF) accredited program examines the links between coaching and organization development while emphasizing coaching skill development on three levels: learning about self as a coach and instrument of change, creating productive and fulfilling relationships in the coaching role, and understanding coaching within systems dynamics. This rigorous program prepares participants to the *Professional Certified Coach* level of proficiency as established by the ICF.

Coaching is needed today more than ever as a critical tool for organizational change. Change is essential for an organization to grow and adapt to today's rapidly shifting marketplace, but people and organizations are naturally resistant to change. Coaching can facilitate productive change in persons, teams, and systems by enabling leaders, managers, and employees to uncover potential that might otherwise go untapped.

The ability to coach leaders is a core competency for those helping organizations to develop. Through coaching, leaders learn how to optimize the value of human capital. Coaching helps them clarify their visions, beliefs, and values, and stretch their capacity to lead and influence. They can then become catalysts for change within their organizations. In changing from old hierarchical models to relational models for leading and influencing, businesses are creating coaching cultures that encourage organizational learning. Coaching has emerged as the best way to help individuals learn to think and work together more effectively.



- Currently practicing coaches and consultants seeking certification from the International Coach Federation, either internal or external to an organization
- Accomplished organizational leaders seeking a career transition that will build on previous experience
- Experienced human resources and performance management professionals seeking to expand their portfolio of skills
- Coaches already certified by the International Coach Federation who would like to be more skilled in specifically working with leaders in an organizational context

# **PROGRAM FORMAT**

Students meet for six three or four-day intensive workshops over a six month period. In total, students complete 152 hours of coursework over 19 days of classes. The estimated level of effort outside the classroom is 10 to 20 hours per week throughout the 6-month program. The program culminates with a written examination, a final coaching performance examination, and a final written paper of 15 pages in length.



#### Location

640 Massachusetts Ave NW Washington, DC 20001

# **Admissions and Registration**

Application required

# **Tuition**

\$11,995.00

An interest free payment plan and employer payment options are available.

# **LEARN MORE**

Please visit us online for course descriptions, course dates, and registration information.

You may also call to speak with program staff. 202.687.7000 or itlprograms@georgetown.edu

#### **PREREQUISITES**

A bachelor's degree, plus at least five years of education, training and/or professional experience in coaching, human resources, leadership, management, organization development or a related field. Also, openness to feedback, a capacity to self-examination, and challenging one's own beliefs.

### **REQUIRED COURSES**

Leadership Coaching as an Organization Intervention	24 hrs	September 10-12, 2014
Coaching to Create Breakthroughs	24 hrs	October 15-17, 2014
Flow of Coaching	32 hrs	November 11-14, 2014
Coaching to Stage Development and Leadership Presence	24 hrs	January 7-9, 2015
Coaching Teams and Groups	24 hrs	February 11-13, 2015
Coaching Integration Seminar	24 hrs	March 18-20, 2015

## **SUB COURSES**

Coaching Practicum September 11, October 16, November 14, January 8,

February 12, March 19 & 20

Final Assessments (not held May 15, 2015 on campus)

# **NEXT STEPS**

Applications requirements include:

- Application
- Resume
- Short-Essay responses
- Two letters of recommendation

Deadline: April 1, 2014

### **Faculty Advisors**

#### **Pat Mathews**

Master Certified Coach (ICF) and President of Mathews Associates. While she works with leaders in all fields, she is drawn to health care. She has had over 38 years of health care experience, including clinical, management and educational roles in acute care, outpatient and educational settings.

She is a registered nurse and has a Master's degree in Health Administration from Jersey City State College and a certificate in Leadership Coaching from Georgetown University.

#### **Julie Shows**

Master Certified Coach (ICF) and President and founder of The Coaching Connection, a coaching company that works with leaders, executives, and entrepreneurs. Julie brings over 25 years of experience working as a senior manager and business owner and 10 years of executive coaching to her clients.

She graduated from Miami University in Ohio and holds a certificate in Leadership Coaching from Georgetown University.